

# Trauma Nova Scotia

# Drowning

Over the past 10 years,  
**96.5%** of traumatic drownings  
in Nova Scotia were **fatal**

Actively  
supervise  
children -  
within arms  
reach

Wear  
properly  
fitting  
PFDs\*

\*PFD = personal  
flotation device

Never  
swim  
alone

Learn  
to swim

Know the  
hazards  
of the  
area

## Prevention is Key

Scan me to find out more



**81%**

Of those who drowned  
were **male**

Occurred between **April**  
and **September**

**60%**

**77%**

Occurred in **natural water**  
(includes beaches, rivers, and lakes)

Were wearing **lifejackets**

**13%**

**37%**

Were **intoxicated**  
(blood alcohol concentration >2mmol/L)

Were playing a **sport**

(includes swimming, boating, fishing, etc.)

**43%**

Data were collected from the Trauma  
Nova Scotia Registry (2013-2023)

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more?

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TRAUMA  
NOVA SCOTIA

